

International Competition rules

Explanation of the match rules



These competition rules supersede all previous rules. They are therefore invalid.

This new version is effective as of September 1, 2025. These rules can be viewed on the IMAF Europe website.

Reproductions and copies of any kind require the written permission of IMAF Europe.

1. Conditions of Participation

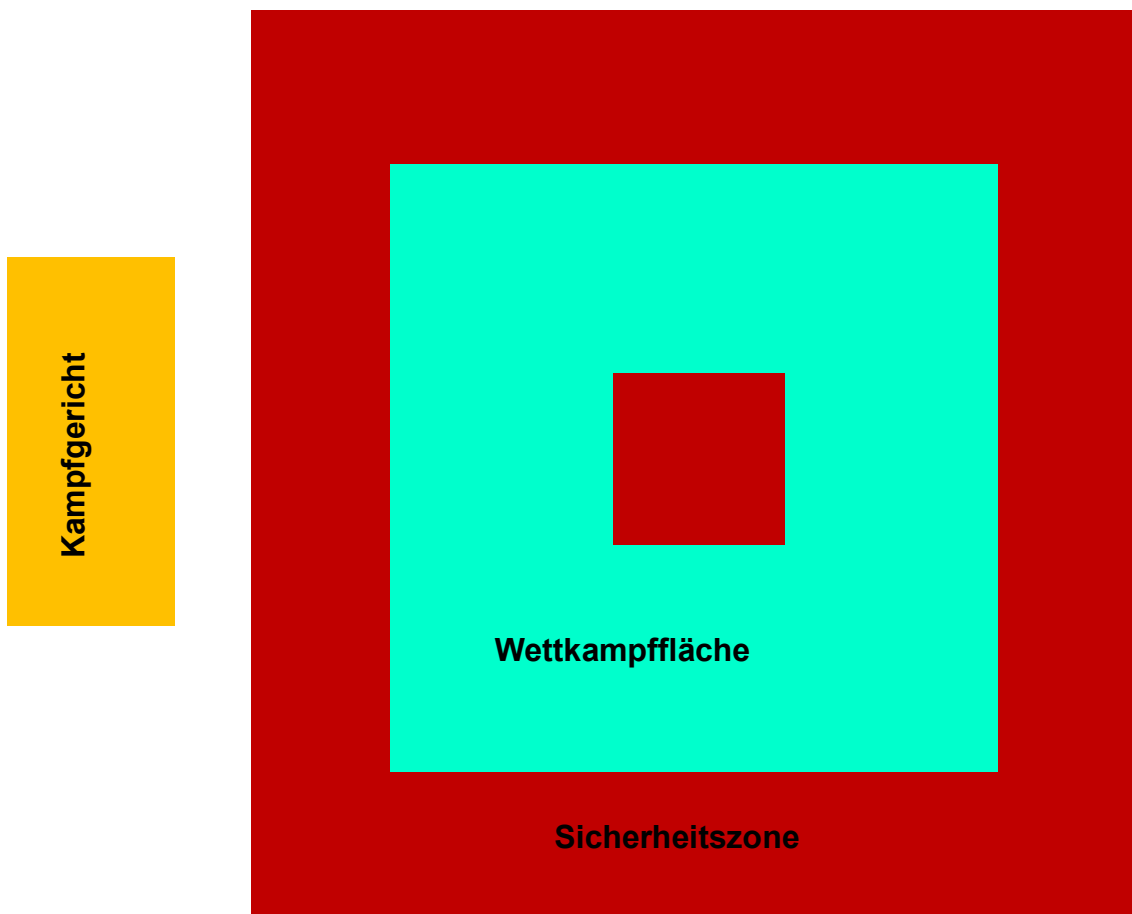
- ⇒ A medical examination, i.e., approval from a sports doctor to participate in the sport, must be completed within the **last 12 months**.
- ⇒ This examination must be recorded in the passport or medical record.
- ⇒ If the information in the sports and health record is illegible, crossed out, or if dates and signatures are crossed out or corrected, the certificate is automatically invalidated.
- ⇒ **Accident insurance must be provided for the participant.**
- ⇒ Signed consent from a parent or guardian is required for minors.
- ⇒ The following IMAF Europe competition rules apply.

2. The competition area

The competition area must be at least 5x5 m and not exceed 10x10 m.

The mat thickness must be at least 4 cm and not exceed 6 cm. A clearly visible safety zone must be located outside this area (1 meter). This can be marked by a colored mat border or a white adhesive strip, and competitors must not cross it. Failure to do so may result in a warning or a reprimand from the referee. A colored marking measuring at least 50x50 cm is located in the center of the mat.

The fighting area must be designed in such a way that there is no danger to the fighters.



3. Clothing

Competitors:

- ⇒ A sturdy, clean gi. The school or club badge must be sewn on the left side of the jacket.
- ⇒ The appropriate grade belt must be worn.
- ⇒ Men should wear a groin protector under the gi.
- ⇒ Any bandages must not be held together with metal clips.
- ⇒ Jewelry of any kind is prohibited.
- ⇒ Long hair must be tied back securely with a soft material.
- ⇒ Hair clips, barrettes, and glasses (except sports glasses) are not permitted.
- ⇒ Fingernails and toenails must be kept short.
- ⇒ T-shirts are permitted for women only. Leggings and socks are prohibited.

Team captains/coaches must ensure that the attire is correct, otherwise, the referees may refuse admission.

Referees

- ⇒ Blue jacket, white shirt, tie, black long pants, black socks, mat shoes.
- ⇒ No jewelry or body jewelry is permitted.

The table staff

At the judges' table, everyone wears black trousers or a black skirt. A white shirt or blouse, or a polo shirt.

4. Competition Forms

- ⇒ Demonstration of 6 selected techniques as a duo.
- ⇒ Either consecutively or one after the other.

5. Scoring Method

- ⇒ The presentation can be scored according to the knockout system, according to the kata guidelines, or according to the Brazilian pool system with a consolation round according to the competition system.
- ⇒ The scoring method will be announced before the start of the fight.

6. Starting Classes

- ⇒ Students 10 to 12 years
 - ⇒ Youth 13 to 17 years
 - ⇒ Adults 18 years and older
 - ⇒ Dan holders
 - ⇒ Veterans 35 years and older
-
- ⇒ Male, female, or mixed can compete as a duo.
 - ⇒ Weight and belt grade (except for Dan holders) do not play a role in the seeded classes.
 - ⇒ At the start, the age of the oldest competitor determines the class in which they compete, or the grade.

Duo Kata from orange belt 7 Kyu			
Gender	Age	Starting class	Code
Can be the same or mixed	10 – 12 years	From orange to brown belt	JJK001
Can be the same or mixed	13 – 15 years	From orange to brown belt	JJK002
Can be the same or mixed	16 – 17 years	From orange to brown belt	JJK003
Can be the same or mixed	18 - 34 years	From orange to brown belt	JJK004
Can be the same or mixed	18 - 34 years	Only Black belt	JJK005
Can be the same or mixed	+35 years Veterans	From orange to brown belt	JJK006
Can be the same or mixed	+35 years Veterans	Only Black belt	JJK007

7. Competition Procedure

The duo must demonstrate a total of six self-defense techniques:

Each pair can choose from:

- ⇒ **Two self-defense techniques from the following categories:**
 - ⇒ Chokles, Claws, Reverse Grips, or Hand Locks.
- ⇒ **Two self-defense techniques from the following categories:**
 - ⇒ Strikes and Kicks.
- ⇒ **Two self-defense techniques:**
 - ⇒ Against knife, baton, or pistol attacks.

8. Fight Times

- ⇒ The maximum demonstration time may not exceed 5 minutes.

9. Scoring

- ⇒ The 6 selected techniques can be performed one after the other.
- ⇒ Each individual can perform different techniques.
- ⇒ The realistic defensive techniques should be executed with the greatest possible precision, speed, and dynamism against the attack.
- ⇒ **The judges should consider the following criteria in their evaluation:**
 - ⇒ Posture, effectiveness, speed, control, and powerful attack.
- ⇒ **The final score is based on the following percentages:**
 - ⇒ 30% for the attack (good, strong attack and good defense)
 - ⇒ 40% for the technique (locks, throws, etc., good logical movement)
 - ⇒ 30% for the attacker's control.

10. Evaluation Committee

- ⇒ Judging committee, depending on the type of scoring
- ⇒ **Kata scoring:**
 - ⇒ 1 Chief Judge
 - ⇒ 3 to 5 Judges
 - ⇒ 1 Judge who announces the points scored
 - ⇒ To the list leader

The Chief Judge (HCR)

The HCR appointed before the competition oversees the entire tournament. In cases of doubt or disagreement, the referee makes the final decision after consulting the judges and team captains. This decision is final. The referee supervises all competition mats. Protests will only be accepted by the referee in written form (protest form) and if the usual protest fee has been paid.

The judges evaluate the kata presented according to the criteria described in section 9.

The judge who announces the scores

- ⇒ This judge reads the scores from the judges' scoreboards and passes them on to the scorekeeper.

The scorekeepers

- ⇒ They maintain the scorecards according to the competition system.
- ⇒ They call the competitors.
- ⇒ They are responsible for correctly entering byes.
- ⇒ They assign the participants to the appropriate competition classes.

Hantei Evaluation

- ⇒ 1 Chief Judge
- ⇒ 3 Judges
- ⇒ The scorekeeper

The following rules apply to the Hantei evaluation:

- ⇒ 2 couples demonstrate their techniques.
- ⇒ After both couples have presented their techniques, the score follows at the call of the chief judge, and both judges give their scores by hand signal or flag for the pair they consider to be the better.

11. Other Functions

The Coach/Secondary

A second may only enter the contest area upon request by the referee. If their second behaves incorrectly, the fighter may be penalized.

The Team Captain/Coach

- ⇒ They must ensure that their competitors are properly attired.
- ⇒ In the event of questionable decisions, the Referee may consult the team captain.
- ⇒ They lodge a protest with the Referee.
- ⇒ They represent the dojo and the team throughout the competition.

12. Prohibited Techniques/Actions

Techniques that could cause serious injury to the opponent.

Derogatory remarks or gestures directed at the opponent, coaches and coaches, the judges, the referee, and officials (not only by the fighter themselves, but also by the dojo director, coaches, and parents) are at the competitor's expense.

For this unsportsmanlike conduct, the coach or trainer may be issued a yellow card by the Referee. A second violation results in a red card, which will result in the exclusion of the trainer or coach from the competition.

14. Protests

- ⇒ Protests will only be accepted by the International Referee if the protest fee has been deposited and the protest form has been submitted (Appendix 1).
- ⇒ The amount of the protest fee will be determined before the tournament. It will be announced by the organizer in consultation with the International Referee.
- ⇒ Protests can only be filed by the team captain/coach.
- ⇒ The protest fee will be refunded to the team captain if the protest is upheld.
- ⇒ If the protest is not upheld, the money will be used for tournament equipment.
- ⇒ Video evidence will not be considered for judging.

15. Injuries

Should an injury occur, the injured competitor is given 5 minutes of recovery time. The paramedic or team captain/coach decides whether the injured competitor may continue fighting.

If the uninjured competitor is causally (negligently) responsible for the opponent's injury, the injured competitor will be awarded the victory. The referee decides, after consultation with the head referee, whether the fighter is disqualified for the entire tournament or only for this fight.

Competition list Kata / Forms Host class



Tournament _____
 List leader _____
 Combat area _____ Date _____

	Place 1	Place 2	Place 3	Place 4
First name				
Last name				
Club				
Born date				

Nr	Name, first name	Round						Semifinals	Round						Finals	Round					
		#1	#2	#3	#4	#5	Sum		#1	#2	#3	#4	#5	Sum		#1	#2	#3	#4	#5	Sum
1																					
	Ranking 2nd → Only in the first round. The same form must be																				
2																					
3																					
4																					
5																					
6																					
7																					
8																					
9																					
10																					
11																					
12																					
13																					
14																					
15																					
16																					
17																					
18																					

Competition list

Tournament _____
 Weight class _____

Mode _____

- ☐ Main Round
☐ Consolation round
☐ Men
☐ Women
- ☐ Children
☐ Youth
☐ Adult
☐ Veteran

	Place 1	Place 2	Place 3	Place 4
First name				
Last name				
Club				
Born date				

Club	Name
1	
2*	
3	
4*	
5	
6*	
7	
8*	
9	
10*	
11	
12*	
13	
14*	
15	
16*	



3rd place

Battle area: _____
 List leader: _____
 Date: _____



Protest sheet

Ju Jutsu Duo competition



Tournament and date: _____

Protest leader	
Name of team captain/coach	
Club/Association Country	
Competitor's name	

Protest opponents	
Name of team captain/coach	
Club/Association Country	
Competitor's name	

Official	
Chief referee	
Referee	
Scoring table operator/side judge	

Details of the protest. Use the back cover if necessary.

--

Decision: The protest is upheld ☐ Yes ☐ No

Protest fee of _____ € has been paid.

Signature of Chief Referee _____

Signature of all involved	
Chief referee	
Referee	
Scoring table operator/side judge	
Competitor's name Protest leader	
Competitor's name Protest opponents	